

"Writing: It's A Matter of Health"

Book Readings and Conversations with a Focus on Self-Care
In support of the Lexington Health Department

Friday, April 16, 2021, 12:15 - 3pm
at Jordan's Point Pavilion in Lexington, VA

The Good Ole Gals, a writers' collective convened decades ago by the late Katie Letcher Lyle, a prolific local author, will share excerpts from their current books. Ranging from poetry to non-fiction to memoir, five of the current Good Ole Gals, aka GOGs, will each offer a reading to promote thought, discussion, and action centered around self-care.



[Charlotte Morgan](#)
Are You Gregg's Mother?



[Judy Light Ayyildiz](#)
Nothing But Time



[Nancy L. Johnston](#)
Disentangle: When You've Lost Yourself in Someone Else



[Lisa Tracy](#)
Objects of Our Affection



[Molly O'Dell](#)
Care is A Four Letter Verb



[Katie Letcher Lyle](#)
Author & Founder of the GOGs

You may bring a bag lunch and plan to join these authors for an entertaining and VDH compliant occasion by the Maury River.

Books will be for sale. Book profits and/or donations will go to the Lexington Health Department staff to support their tireless efforts.

Please bring cash or check for book purchases.